

WHAT ARE ISN GLOBAL OUTREACH PROGRAMS?

The International Society of Nephrology (ISN)

has assembled a committed group of volunteers dedicated to building health equality worldwide. By making the knowledge and experience of the developed world accessible to kidney doctors and other specialists in emerging countries, it is improving kidney care and prevention strategies around the globe.

ISN Global Outreach (GO) Programs (formally known as COMGAN – Commission for the Global Advancement of Nephrology) offer a broad range of educational and training activities to the developing nephrology community. Many of these take place onsite and respond to local needs.

Under the leadership of its Chairman, the ISN GO structure includes five core programs and eight regional committees. This well-designed organization increases interaction and collaboration between the different programs, maximizing efficiency and sustainability throughout all the activities.

By collaborating with national and regional societies and local leaders, ISN identifies their **educational and clinical needs** to develop specific education and training as well as tailored screening and prevention. The ISN GO Programs' regional committees also understand local needs and contribute their expertise to the successful outcome of these capacity-building activities.

ISN **raises public awareness** about kidney disease especially in the context of Chronic Kidney Disease (CKD), hypertension, cardiovascular diseases and diabetes. It initiates and supports research projects, showing the importance of **early screening and prevention**.

Sharing experience with medical leaders in related disciplines and national health authorities worldwide, ISN is **decreasing the frequency and impact of kidney disease around the globe**.

“Once we recognized the depth of the disparity between the levels of care available in advanced regions compared to those in less privileged areas, we saw the need for us to reach out to colleagues and patients. We decided to expand our activities with initiatives aimed at those regions”

Professor Bernardo Rodríguez-Iturbe
ISN President

IT IS YOUR TURN TO REACH OUT

By applying to ISN GO Programs, kidney specialists, doctors, nurses and other healthcare professionals from emerging countries can gain high-level education and learn the latest skills to treat and care for kidney disease patients. They can become leaders in their field and share this knowledge across their region.

Thanks to ISN GO Programs, experts from the developed world can volunteer and give back to medical communities that do not have ready access to current expertise in renal care and research. They can help build centers of excellence in renal care and increase screening programs. Together, these communities can work towards reducing the onset of kidney disease on a global scale.

The Barbara L. and Robert W. Schrier Fund for Global Development in Nephrology was launched in 2005. It calls upon ISN members, individuals and corporate sponsors to help reduce the incidence and impact of kidney disease around the world. Making a donation is simple and can be carried out online. All donations contribute to setting up and managing ISN GO Programs as well as supporting the education of future leaders in nephrology.

To find out more about ISN and its Global Outreach Programs, membership, activities or donations, visit www.isn-online.org or contact:

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FSC LOGO



Agnès Fogo and ISN Fellow



Mosebolatan Olatokunboh Odubanjo, Nigeria



Screenings, Nepal

ISN

ISN GLOBAL OUTREACH PROGRAMS

Building kidney health equality through
education, training and research



Blood testing, Nepal

Advancing Nephrology around the World Celebrating 50 Years



FIVE ISN GO PROGRAMS

countless success stories



- 1 **The Fellowship Program** offers specific and hands-on training opportunities to young kidney specialists in the developing world so they can return to improve standards of care in their home country and ultimately become leaders in their field.

"Since I had just graduated and was fresh out of training when I started my ISN Fellowship, it was a privilege to see and hear how renal patients were being managed. It gave me confidence when relating to colleagues and patients, and reinforced my knowledge for decision making. It has broadened my perspective in many ways. I would highly recommend it to all young nephrologists."

Esmeralda Bordador – The Philippines and Australia

"I found out about the remission clinic program thanks to my ISN Fellowship at the Mario Negri Institute for Pharmacological Research in Bergamo, Italy. I decided to start a similar program back home. Some of our patients who were suffering from heavy proteinuria and mild renal impairment have started to show significant progress and improvement in renal function."

Walid Elrewhby – Egypt and Italy

"As an ISN Fellow, I gained a more comprehensive understanding of the scientific, clinical and social role that modern kidney specialists should play today. I now work in a hospital starting a chronic kidney disease clinic. We received an ISN research grant to carry out a CKD screening project in an area with a high-level of patients in renal replacement therapy."

Felipe Rodriguez De León – Panama and Italy

"I trained as a research fellow at the Renal Division of Brigham and Women's Hospital and developed projects on acute kidney injury. One of them has been accepted for publication in Nature Medicine. I am now setting up my own lab and have applied for a Chinese NIH grant. I am very thankful to ISN, for helping me build up my future career"

Li Yang – China and USA

**"I found out about the remission clinic program thanks to my ISN Fellowship (...)
I decided to start a similar program back home."**

Walid Elrewhby
Egypt and Italy



Caption to be provided



2 The Sister Renal Centers (SRC) Program

links renal centers in emerging countries with supporting centers of excellence in the developed world. Providing educational support and guidance, it creates self-sufficient renal centers in poorer countries.

“In 1997, the Kaunas Nephrological Clinic partnered with Ghent University Hospital. In 12 years, we started kidney transplants, expanded HD and PD programs and carried out a study on endotoxins in dialysis water and CKD in Lithuania. We organized annual education courses for local nephrologists and nurses. In 2007, the pair received the Robert W. Schrier Award and after graduation a new SRC TRIO was formed between Ghent [Belgium], Kaunas [Lithuania] and Brest [Belarus].”
Inga Bumblyte – Kaunas University of Medicine, Nephrological Clinic, Lithuania

3 The Research and Prevention Committee

promotes research and education programs in low to middle income countries while involving local nephrologists, health workers and authorities. Among its activities, it implements and guides research projects to detect and manage non-communicable chronic diseases such as CKD, hypertension, diabetes and cardiovascular diseases.

“My colleagues and I initiated a door-to-door campaign raising awareness and screening the population of Eastern Nepal, an area most vulnerable to CKD. 30,000 people were screened for kidney disease, diabetes, hypertension and lipid disorder. In Nepal many nephrologists are concentrated in the capital, and there is no access to care for most people.”

Sanjib Kumar Sharma – ISN Program for Detection and Management of Chronic Kidney Disease, Hypertension, Diabetes and Cardiovascular Disease in Developing Countries (KHDC)

CME meeting in Ethiopia



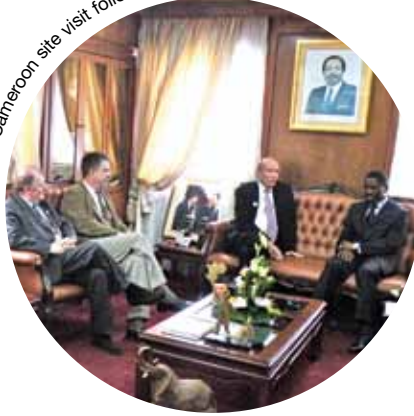
Sanjib Kumar Sharma, Nepal



Zaghloul Gouda, Egypt - CKD prevention program



Cameroon site visit following CME meeting



Peter Kerr, Indonesia



4 Every year, the **Continuing Medical Education (CME) Program** brings essential teaching and training to some 14,000 doctors and healthcare practitioners in over 40 settings within the developing world. Expert speakers share their knowledge and experience in clinical care and research.

5 **The Educational Ambassadors Program** helps renal centers in underserved countries request an expert to join them onsite for one to four weeks and provide hands-on training to develop community-based research and screening projects or other clinical programs.

"The CME program in Ethiopia brought together three world-class nephrologists and scientists who are the best in their respective areas of expertise. I learnt that even in a resource-limited setting you can provide reasonable care to kidney patients by putting together clinical information with the limited lab test results available. I was inspired to work harder to strengthen links with ISN and its programs. In 2010, my unit's application for a SRC link with the University of Wales was approved."

Yewondwossen Tadesse – Tikur Anbessa Hospital,
Addis Ababa University, Ethiopia

"The Education Ambassadors Program was launched by the ISN Education Committee in 2010. It focuses on targeted, hands-on training as well as initiating and developing community-based prevention and screening programs and other specific programs in nephrology, motivated by emerging institutions."

Saraladevi Naicker – Chair of the ISN Education Committee

Screening program, Nepal

